

CQIC Cardiovascular Management Learning Log A: Learning from practice performance assessment (Category 1 CME Credits = 5)

General Instruction: This Cardiovascular Management Learning Log A form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Cardiovascular Management Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

Please submit a copy of the completed Cardiovascular Management Learning Log A to:

Gayla Bruner, RN, BSN, CCMEP
 Office of Continuing Medical Education
 9301 SW Freeway, Suite 470
 Houston, Texas 77074
 Office 713-448-5101
 Fax 713-448-4542

Provider Name: _____

Date of Learning Log Entry: _____

Organization: _____

e-mail: _____

Part 1: Please review your baseline performance data, enter results below, and set your Performance Improvement Goals. Performance measures are based on current evidence-based cardiovascular management guidelines from AHA/ACC and clinical quality measures for Stage 1 Meaningful Use.

Performance Measure	Best Practice	Baseline		Performance Improvement Goals	
		Group	Provider	Group	Provider
CAD Post-MI Beta-Blocker	Close to 100%				
CAD Oral Antiplatelet	Close to 100%				
CAD Lipid Lowering Rx	Close to 100%				
HF on ACE or ARB	Close to 100%				
HF on Beta-Blocker	Close to 100%				
AFib on Warfarin	Close to 100%				
HTN: BP measured	Close to 100%				

HTN: SBP<140	Close to 100%				
HTN: DBP<90	Close to 100%				
IVD: SBP<140	Close to 100%				
IVD: DBP<90	Close to 100%				
IVD Oral Antiplatelet	Close to 100%				
IVD LDL in 12M<100	Close to 100%				

Part 2: Please complete the CQIC Cardiovascular Management/PI CME Pre-test below (circle the best answer)

1. When should Blood Pressure (BP) be checked?
 - a.) every 2 years in persons with blood pressure less than 120/80 mm Hg
 - b.) every year with systolic blood pressure of 120 to 139 mm Hg or diastolic blood pressure of 80 to 89 mm Hg
 - c.) every visit if diagnosis of hypertension
 - d.) all the above

2. According to AHA and JNC VII, normal BP is?
 - a.) SBP < 120 and DBP < 80
 - b.) SBP < 130 and DBP < 80
 - c.) SBP < 140 and DBP < 90
 - d.) none of the above

3. According to AHA and JNC VII a BP of 128/84 would be considered?
 - a.) normal
 - b.) pre-hypertension
 - c.) hypertension
 - d.) none of the above

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4. According to AHA and JNC VII a BP of 140/90 would be considered?
 - a.) normal
 - b.) pre-hypertension
 - c.) Stage 1 hypertension
 - d.) Stage 2 hypertension

5. According to ADA and JNC VII, BP goals for patients with diabetes are?
 - a.) SBP < 140 and DBP < 90
 - b.) SBP < 135 and DBP < 85
 - c.) SBP < 130 and DBP < 80
 - d.) SBP < 130 and DBP < 85

6. According to JNC VII, BP goals for patients with proteinuria are?
 - a.) SBP < 140 and DBP < 90
 - b.) SBP < 135 and DBP < 85
 - c.) SBP < 130 and DBP < 80
 - d.) SBP < 125 and DBP < 75

7. Treatment goals for patients with Coronary Artery Disease (CAD) should include (unless contraindicated):
 - a.) oral antiplatelet therapy
 - b.) treatment to obtain LDL < 100 mg/dl
 - c.) treatment to obtain SBP < 140 and DBP < 90
 - d.) beta-blocker therapy if previous MI
 - e.) all of the above

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8. Treatment goals for patients with heart failure should include (unless contraindicated):
 - a.) oral antiplatelet therapy
 - b.) beta-blocker therapy if LVEF < 40%
 - c.) beta-blocker therapy if previous MI
 - d.) ACE inhibitor or ARB
 - e.) b & d

9. Treatment goals for patients with heart failure and atrial fibrillation should include:
 - a.) oral antiplatelet therapy
 - b.) warfarin therapy
 - c.) beta-blocker therapy if previous MI
 - d.) documentation of contraindication or refusal of warfarin therapy
 - e.) b & d

10. Treatment goals for patients with Ischemic Vascular Disease (prior MI, CABG, or PTCA) should include:
 - a.) oral antithrombotic therapy
 - b.) treatment to obtain LDL < 100 mg/dl
 - c.) treatment to obtain SBP < 140 and DBP < 90
 - d.) beta-blocker therapy if previous MI
 - e.) all of the above

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Part 3: Please review and confirm the quality improvement processes below you plan to implement (initial each process and enter an anticipated completion date).

1. What do you plan to do to reach the goals that you set up?

Process	Providers Initials	Anticipated Date
View the CQIC_52_Cardiovascular_Management_PI_CME.pptx and/or Video		
Receive training on the Cardiovascular Management-CCC form		
Implement the Cardiovascular Management-CCC form		
Review the available CQIC Cardiovascular CDSS Prompts and Implement select prompts		

2. What will you change or do differently in your clinical practice?

Process	Providers Initials	Anticipated Date
Use the Cardiovascular Management-CCC form for all visits for patients with CAD, CHF, Hypertension, or in for annual Preventive Care Visit		
Provide a Cardiovascular Management Summary to all patients with CAD, CHF, Hypertension, or in for annual Preventive Care Visit		
Provide education on Cardiovascular Management treatment guidelines and goals to patients		

Congratulations! You have completed Stage A of the Cardiovascular Management Performance Improvement. Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP

Please keep a copy for your records.

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**CQIC Cardiovascular Management Learning Log B: Learning from the application of PI to patient care
(Category 1 CME Credits = 5)**

General Instruction: This Cardiovascular Management Learning Log B form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Cardiovascular Management Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

Please submit a copy of the completed Cardiovascular Management Learning Log A to:
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Fax 713-448-4542

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Organization: _____

e-mail: _____

Part 1: Please document the dates of completion of each step of the CQI Cardiovascular Management Process below:

Process	Providers Initials	Date Completed
Viewed the CQIC_52_Cardiovascular_Management_PI_CME.pptx and/or Video		
Trained on the Cardiovascular Management-CCC form		
Implemented the Cardiovascular Management-CCC form "Go-Live" Date		
Reviewed the available CQIC Cardiovascular CDSS Prompts and Implemented select prompts		

Part 2: Enter the percent of time you feel you do the following CQI processes using the Cardiovascular Management Q&E-CCC form and document reasons why or times when not performed

Process	Percent of Time Utilized	Reasons Not Used / Times Not Performed
Use the Cardiovascular Management-CCC form for all visits for patients with CAD, CHF, Hypertension, or in for annual Preventive Care Visit		
Provide a Cardiovascular Management Summary to all patients with CAD, CHF, Hypertension, or in for annual Preventive Care Visit		
Provide education on Cardiovascular Management treatment guidelines and goals to patients		

Part 3: Please complete the CQIC Cardiovascular Management/PI CME Post-test below (circle the best answer)

1. When should Blood Pressure (BP) be checked?
 - a.) every 2 years in persons with blood pressure less than 120/80 mm Hg
 - b.) every year with systolic blood pressure of 120 to 139 mm Hg or diastolic blood pressure of 80 to 89 mm Hg
 - c.) every visit if diagnosis of hypertension
 - d.) all the above

2. According to AHA and JNC VII, normal BP is?
 - a.) SBP < 120 and DBP < 80
 - b.) SBP < 130 and DBP < 80
 - c.) SBP < 140 and DBP < 90
 - d.) none of the above

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3. According to AHA and JNC VII a BP of 128/84 would be considered?
- a.) normal
 - b.) pre-hypertension
 - c.) hypertension
 - d.) none of the above

4. According to AHA and JNC VII a BP of 140/90 would be considered?
- a.) normal
 - b.) pre-hypertension
 - c.) Stage 1 hypertension
 - d.) Stage 2 hypertension

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5. According to ADA and JNC VII, BP goals for patients with diabetes are?
- a.) SBP < 140 and DBP < 90
 - b.) SBP < 135 and DBP < 85
 - c.) SBP < 130 and DBP < 80
 - d.) SBP < 130 and DBP < 85

6. According to JNC VII, BP goals for patients with proteinuria are?
- a.) SBP < 140 and DBP < 90
 - b.) SBP < 135 and DBP < 85
 - c.) SBP < 130 and DBP < 80
 - d.) SBP < 125 and DBP < 75

7. Treatment goals for patients with Coronary Artery Disease (CAD) should include (unless contraindicated):
- a.) oral antiplatelet therapy
 - b.) treatment to obtain LDL < 100 mg/dl
 - c.) treatment to obtain SBP < 140 and DBP < 90
 - d.) beta-blocker therapy if previous MI
 - e.) all of the above

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8. Treatment goals for patients with heart failure should include (unless contraindicated):
 - a.) oral antiplatelet therapy
 - b.) beta-blocker therapy if LVEF < 40%
 - c.) beta-blocker therapy if previous MI
 - d.) ACE inhibitor or ARB
 - e.) b & d

9. Treatment goals for patients with heart failure and atrial fibrillation should include:
 - a.) oral antiplatelet therapy
 - b.) warfarin therapy
 - c.) beta-blocker therapy if previous MI
 - d.) documentation of contraindication or refusal of warfarin therapy
 - e.) b & d

10. Treatment goals for patients with Ischemic Vascular Disease (prior MI, CABG, or PTCA) should include:
 - a.) oral antithrombotic therapy
 - b.) treatment to obtain LDL < 100 mg/dl
 - c.) treatment to obtain SBP < 140 and DBP < 90
 - d.) beta-blocker therapy if previous MI
 - e.) all of the above

Congratulations! You have completed Stage B of the Cardiovascular Management Performance Improvement.

Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP

Please keep a copy for your records.

CQIC Cardiovascular Management Learning Log C: Learning from the evaluation of the PI effort (Category 1 CME Credits = 5)

General Instruction: This Cardiovascular Management Learning Log C form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Cardiovascular Management Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

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Provider Name: _____

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Organization: _____

e-mail: _____

Part 1: Please review your post-Cardiovascular Management CQIC/PI CME quality performance data, enter results below, and document if your Performance Improvement Goals were “Met” or “Not Met”. Performance measures are based on current evidence-based cardiovascular management guidelines from AHA/ACC and clinical quality measures for Stage 1 Meaningful Use.

Performance Measure	Best Practice	Baseline		Performance Improvement Goals (“Met” or “Not Met”)	
		Group	Provider	Group	Provider
CAD Post-MI Beta-Blocker	Close to 100%				
CAD Oral Antiplatelet	Close to 100%				
CAD Lipid Lowering Rx	Close to 100%				
HF on ACE or ARB	Close to 100%				
HF on Beta-Blocker	Close to 100%				
AFib on Warfarin	Close to 100%				

HTN: BP measured	Close to 100%				
HTN: SBP<140	Close to 100%				
HTN: DBP<90	Close to 100%				
IVD: SBP<140	Close to 100%				
IVD: DBP<90	Close to 100%				
IVD Oral Antiplatelet	Close to 100%				
IVD LDL in 12M<100	Close to 100%				

Part 2: Please answer the questions, in detail, below:

1. Identify at least one area for future improvement in the current or future process of Cardiovascular Management CQI:

2. Identify at least one additional “gap” in patient care of patients with Cardiovascular Management for future improvement:

Part 3: Please complete the questions below:

1. After completing the Cardiovascular Management PI CME, the likelihood that you would participate in an additional CQIC PI CME (if available) is:
 a.) unlikely b.) somewhat likely c.) very likely d.) definitely

2. List other CQIC Performance Improvement CME programs that you are aware of :

- 3. List other CQIC Performance Improvement CME programs that you plan to participate in:

- 4. List other CQIC Performance Improvement CME programs that you would like to see:

**Congratulations! You have completed Stage C of the Cardiovascular Management Performance Improvement.
Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP
Please keep a copy for your records.**

Part 4: Please initial to confirm submission of Stages A, B, and C of the Cardiovascular Management Performance Improvement below to qualify for an additional 5 Category 1 CME Credits:

Stage	Category 1 CME Credits	Completed & Submitted
A: Learning from practice performance assessment	5	
B: Learning from the application of PI to patient care	5	
C: Learning from the evaluation of the PI effort	5	
Successfully completed Stages A, B, and C	5	
Total Category 1 CME Credits Earned:	20	

**Congratulations! You have completed Stages A, B, & C of the Cardiovascular Management Performance Improvement.
Be sure and self-report additional Category 1 CME: 5 Hours to the AMA or AAFP
(Total = 20 Hours)
Please keep a copy for your records.**