Primary Care

Abdominal Aortic Aneurysm
AC Arthritis
ACI Injuries
Acute Bronchitis
Alcoholic Hepatitis
All About Arthritis
Allergic Rhinitis
Am I a Candidate for LASIK?
Amblyopia
Anaphylaxis
Anemia of Chronic Disease
Anesthesia
Angioedema
Ankle Arthritis and Replacement
Ankle Sprain
Ankylosing Spondylitis
Appendectomy
Asbestosis
Asthma
Asthma in Children
Atherosclerosis
Atopic Dermatitis
Atrial Fibrillation
Back Health: Lifting
Bacterial Food Poisoning
Bacterial Pneumonia
Bipolar Disorder
Blood Sugar Testing
Bone Fractures and Sprains
Bottle Feeding
Breast Biopsy
Breast Cancer Screening
Breastfeeding
Bursitis
Burst Fracture
Cardiac Arrhythmias
Cardiac Catheterization
Cardiac Rehabilitation
Cardiac Stress Tests
Carotid Artery Disease
Carpal Tunnel Syndrome
Cataracts
Cervical Arthritis
Cervical Cancer Screening
Cervical Disk Rupture
Child’s First Eye Exam
Child’s Vision Performance
Cholecystectomy
Cholelithiasis
Cholesterol Screening
Chronic Hypertension During Pregnancy
Chronic Pancreatitis
Claudication
Cluster Headache
CMC Arthritis
Colds and the Flu in Children
Colon Cancer Screening
Colonoscopy
Common Changes During Pregnancy
Computed Tomography (CT or CAT Scan)
Computer Vision Syndrome
Concussion
Contact Dermatitis
Continuous Positive Airway Pressure (CPAP)
COPD
Corneal Abrasion
Coronary Artery Bypass Surgery
Coronary Artery Disease: Risk Factors and Prevention
Coronary Artery Disease: Treatment
Costochondritis
Crutch Training
Cubital Tunnel Syndrome
De Quervain’s Disease
Delayed Sleep Phase Syndrome
Depression
Depression Screening
Diabetes in Pregnancy
Diabetes Related Eye Disease
Diabetic Ketoacidosis
Diarrhea in Children
Diverticulitis
Diverticulosis
Drugs, Alcohol and Smoking During Pregnancy
Dry Eye Syndrome
Dupuytren’s Disease
Dysfunctional Uterine Bleeding
Dysmenorrhea
EGD: Upper Endoscopy
Elbow Arthritis and Replacement
Endometriosis
ERCP
Exercise During Pregnancy
Fever in Children Older Than 3 Months
Flexible Sigmoidoscopy
Folic Acid and Birth Defects
Foot Care for People with Diabetes
Frozen Shoulder
Ganglion Cyst
Gastritis
GERD
Gestational Diabetes in Pregnancy
Guide to Physical Activity
H1N1 Influenza (Swine Flu)
Hand Foot And Mouth Disease
Hand Washing and Cleansing
Healthy Eating and Snacking
Heart Attacks
Heart Failure
Heart Murmurs
Hemochromatosis
Hepatitis A
Hepatitis B
Hepatitis C
Hernia Repair
Herpes Simplex
Herpes Zoster
High Blood Pressure in Pregnancy
Hip Arthritis and Replacement
Hip Fracture
Hip Pain
Hip Revision
How Your Heart Works - Animation
Hypertension
Hypoglycemia in Diabetes
Hypothyroidism
Hysterectomy
Hysterectomy Options: LSH
ICDs: Implantable Cardioverter Defibrillators
Impetigo
Impingement Syndrome
Infections During Pregnancy
Influenza Vaccination
Insulin and Diabetes
Irritable Bowel Syndrome
Keeping Your Back Healthy
Kidney Care for People with Diabetes
Kidney Stones
Knee Arthritis and Fixed Knee Replacement
Knee Arthritis and Mobile Knee Replacement
Labor and Delivery
Labyrinthitis
<table>
<thead>
<tr>
<th>Topic</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lacerations and Wound Care</td>
<td>Pityriasis Rosea</td>
</tr>
<tr>
<td>Lactose Intolerance Adult</td>
<td>Plantar Warts</td>
</tr>
<tr>
<td>Lactose Intolerance Pediatric</td>
<td>Pneumococcal Vaccination</td>
</tr>
<tr>
<td>Lead Poisoning Screening</td>
<td>Polymyalgia Rheumatic</td>
</tr>
<tr>
<td>Low Back Pain</td>
<td>Posttraumatic Stress Disorder</td>
</tr>
<tr>
<td>Low Back Sprain</td>
<td>Pre-Diabetes</td>
</tr>
<tr>
<td>Lumbar Disk Disease</td>
<td>Pre-Existing Diabetes in Pregnancy</td>
</tr>
<tr>
<td>Lumbar Disk Rupture</td>
<td>Pregnancy After 35</td>
</tr>
<tr>
<td>Lumbar/Lumbosacral Arthritis</td>
<td>Pregnancy Induced Hypertension</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>Premature Ventricular Contractions</td>
</tr>
<tr>
<td>Mammogram</td>
<td>Prenestral Syndrome</td>
</tr>
<tr>
<td>Managing Stress</td>
<td>Relaxation Exercises</td>
</tr>
<tr>
<td>Managing Your Weight</td>
<td>Relaxation: Ocean</td>
</tr>
<tr>
<td>MCP Arthritis and Replacement</td>
<td>Relaxation: Streams</td>
</tr>
<tr>
<td>Meal Planning for People with Diabetes</td>
<td>Relaxation: Waterfalls</td>
</tr>
<tr>
<td>Medial / Lateral Collateral Injuries</td>
<td>Renal Artery Stenosis</td>
</tr>
<tr>
<td>Melanoma Screening</td>
<td>Restless Legs Syndrome (RLS)</td>
</tr>
<tr>
<td>Meniscal Injuries</td>
<td>Rheumatoid Arthritis: The Disease</td>
</tr>
<tr>
<td>Menopause</td>
<td>Rheumatoid Arthritis: The Treatment</td>
</tr>
<tr>
<td>Metatarsalgia</td>
<td>Ringworm</td>
</tr>
<tr>
<td>Metered-Dose Inhaler</td>
<td>Rosacea</td>
</tr>
<tr>
<td>Migraine Headache</td>
<td>Rotator Cuff Injuries</td>
</tr>
<tr>
<td>Mitral Valve Prolapse</td>
<td>Rotator Cuff Tendonitis/Tear</td>
</tr>
<tr>
<td>Mononucleosis</td>
<td>Safety: Car Seats for Infants and Toddlers</td>
</tr>
<tr>
<td>MRI (Magnetic Resonance Imaging)</td>
<td>Safety: Car Seats for School-Age Children</td>
</tr>
<tr>
<td>Multiple Sclerosis</td>
<td>Scabies</td>
</tr>
<tr>
<td>Myasthenia Gravis</td>
<td>Scoliosis</td>
</tr>
<tr>
<td>Myringotomy with Tubes</td>
<td>Scoliosis (Long)</td>
</tr>
<tr>
<td>Nausea and Vomiting in Children</td>
<td>Seizure Disorder, Grand Mal</td>
</tr>
<tr>
<td>Obesity</td>
<td>Seizure Disorder, Petit Mal</td>
</tr>
<tr>
<td>Obsessive Compulsive Disorder</td>
<td>Seizures, Febrile</td>
</tr>
<tr>
<td>Obstructive Sleep Apnea (OSA)</td>
<td>Shoulder Arthritis and Replacement</td>
</tr>
<tr>
<td>Olecranon Bursitis</td>
<td>Shoulder Instability / Dislocation</td>
</tr>
<tr>
<td>Osteoarthritis</td>
<td>Sinusitis</td>
</tr>
<tr>
<td>Osteonecrosis of the Hip</td>
<td>Sleep Apnea in Children</td>
</tr>
<tr>
<td>Otitis Externa</td>
<td>Sleep Hygiene</td>
</tr>
<tr>
<td>Otitis Media</td>
<td>Sleep Studies (Your Night in the Sleep Lab)</td>
</tr>
<tr>
<td>Ovarian Cysts</td>
<td>Smoking Cessation, Relapse Prevention</td>
</tr>
<tr>
<td>Pacemakers</td>
<td>Smoking Cessation, Stages of Change</td>
</tr>
<tr>
<td>Panic Attacks</td>
<td>Spinal Tap Procedure</td>
</tr>
<tr>
<td>Pap Smear</td>
<td>Spondyloolisthesis</td>
</tr>
<tr>
<td>Paralysis: For Caregivers</td>
<td>Stroke</td>
</tr>
<tr>
<td>Paralysis: Hands-Free Computing</td>
<td>Tennis Elbow</td>
</tr>
<tr>
<td>Paralysis: Independent Living Centers</td>
<td>Tension Type Headache</td>
</tr>
<tr>
<td>Paralysis: Paralysis Resource Center</td>
<td>Testicular Cancer Screening</td>
</tr>
<tr>
<td>Parasomnias</td>
<td>Tinea Pedis</td>
</tr>
<tr>
<td>Patellar Instability and Arthritis</td>
<td>Tinea Unguium</td>
</tr>
<tr>
<td>Peak Flow Meter</td>
<td>Tinea Versicolor</td>
</tr>
<tr>
<td>Pelvic Inflammatory Disease</td>
<td>Total Knee Replacement</td>
</tr>
<tr>
<td>Peptic Ulcer Disease</td>
<td>Transient Ischemic Attack</td>
</tr>
<tr>
<td>Periodic Limb Movements of Sleep</td>
<td>Trigeminal Neuralgia</td>
</tr>
<tr>
<td>Peripheral Arterial Disease</td>
<td>Trigger Finger</td>
</tr>
<tr>
<td>PIP / DIP Arthritis</td>
<td>Tubal Ligation</td>
</tr>
<tr>
<td>Pseudogout</td>
<td>Type 1 Diabetes in Adults</td>
</tr>
<tr>
<td>Pseudomembranous Colitis</td>
<td>Type 1 Diabetes in Children and Teens</td>
</tr>
<tr>
<td>Pyelonephritis</td>
<td>Type 2 Diabetes</td>
</tr>
<tr>
<td>Raynaud’s Phenomenon</td>
<td>Types of Eye Care Professionals</td>
</tr>
<tr>
<td>Relaxation Exercises</td>
<td>Ultrasound</td>
</tr>
<tr>
<td>Relaxation: Ocean</td>
<td>Urethritis</td>
</tr>
<tr>
<td>Relaxation: Streams</td>
<td>Urinary Incontinence</td>
</tr>
<tr>
<td>Relaxation: Waterfalls</td>
<td>Urinary Tract Infection, Female</td>
</tr>
<tr>
<td>Relaxation: Waterfalls</td>
<td>Urinary Tract Infection, Male</td>
</tr>
<tr>
<td>Renal Artery Stenosis</td>
<td>Varicose Veins</td>
</tr>
<tr>
<td>Restless Legs Syndrome (RLS)</td>
<td>Vital Signs: Know Your Numbers</td>
</tr>
<tr>
<td>Rheumatoid Arthritis: The Disease</td>
<td>Wrist Arthritis and Replacement</td>
</tr>
<tr>
<td>Rheumatoid Arthritis: The Treatment</td>
<td>Wrist Fracture</td>
</tr>
</tbody>
</table>
**Specialty Packages**

**Cardiology**
- Abdominal Aortic Aneurysm
- Anaphylaxis
- Atherosclerosis
- Atrial Fibrillation
- Cardiac Arrhythmias
- Cardiac Catheterization
- Cardiac Rehabilitation
- Cardiac Stress Tests
- Carotid Artery Disease
- Cholesterol Screening
- Chronic Hypertension During Pregnancy
- Claudication
- Coronary Artery Bypass Surgery
- Coronary Artery Disease: Risk Factors and Prevention
- Coronary Artery Disease: Treatment
- Costochondritis
- Heart Attacks
- Heart Failure
- Heart Murmurs
- High Blood Pressure in Pregnancy
- How Your Heart Works - Animation
- Hypertension
- ICDs: Implantable Cardioverter Defibrillators
- Mitral Valve Prolapse
- Obstructive Sleep Apnea (OSA)
- Pacemakers
- Peripheral Arterial Disease
- Pregnancy Induced Hypertension
- Premature Ventricular Contractions
- Renal Artery Stenosis
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Stroke
- Transient Ischemic Attack

**Dermatology**
- Angioedema
- Atopic Dermatitis
- Contact Dermatitis
- Hand Foot And Mouth Disease
- Herpes Simplex
- Herpes Zoster
- Impetigo
- Lyme Disease
- Melanoma Screening
- Pityriasis Rosea
- Plantar Warts
- Pressure Relieving Cushions
- Pressure Sores Associated with Seating
- Pressure Ulcers
- Ringworm
- Rosacea
- Scabies
- Tinea Pedis
- Tinea Unguium
- Tinea Versicolor
- Meniscal Injuries
- Metered-Dose Inhaler
- Migraine Headache
- Obsessive Compulsive Disorder
- Otitis Media
- Panic Attacks
- Pelvic Inflammatory Disease
- Peptic Ulcer Disease
- Premature Ventricular Contractions
- Pseudomembranous Colitis
- Pyelonephritis
- Seizure Disorder, Grand Mal
- Seizure Disorder, Petit Mal
- Seizures, Febrile
- Social Anxiety
- Spinal Tap Procedure
- Stroke
- Tension Type Headache
- Transient Ischemic Attack
- Urethritis
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male
- Wrist Fracture

**Endocrinology**
- Blood Sugar Testing
- Diabetes in Pregnancy
- Diabetes Related Eye Disease
- Diabetic Ketoacidosis
- Foot Care for People with Diabetes
- Gestational Diabetes in Pregnancy
- Hemochromatosis
- Hypoglycemia in Diabetes
- Hypothyroidism
- Insulin and Diabetes
- Kidney Care for People with Diabetes
- Meal Planning for People with Diabetes
- Menopause
- Obesity
- Pre-Diabetes
- Pre-Existing Diabetes in Pregnancy
- Type 1 Diabetes in Adults
- Type 1 Diabetes in Children and Teens
- Type 2 Diabetes
PATIENT EDUCATION VIDEO LIBRARY

Gastroenterology
Alcoholic Hepatitis
Bacterial Food Poisoning
Cholecystectomy
Cholelithiasis
Chronic Pancreatitis
Colon Cancer Screening
Colonoscopy
Diarrhea in Children
Diverticulitis
Diverticulosis
EGD: Upper Endoscopy
ERCP
Flexible Sigmoidoscopy
Gastritis
Gastroesophageal Reflux Disease (GERD)
Hepatitis A
Hepatitis B
Hepatitis C
Irritable Bowel Syndrome
Lactose Intolerance Adult
Lactose Intolerance Pediatric
Meal Planning for People with Diabetes
Mononucleosis
Nausea and Vomiting in Children
Obesity
Peptic Ulcer Disease
Prostate Cancer
Pseudomembranous Colitis

General Surgery
Anesthesia
Appendectomy
Cholecystectomy
Hernia Repair
Myringotomy with Tubes
Tubal Ligation

Health Promotion & Disease Management
Back Health: Lifting
Breast Cancer Screening
Cervical Cancer Screening
Child’s First Eye Exam
Child’s Vision Performance
Cholesterol Screening
Colon Cancer Screening
Coronary Artery Disease: Risk Factors and Prevention
Depression Screening
Foot Care for People with Diabetes
Guide to Physical Activity
H1N1 Influenza (Swine Flu)
Hand Washing and Cleansing
Healthy Eating and Snacking
How Your Heart Works
Influenza Vaccination
Keeping Your Back Healthy
Mammogram
Managing Stress
Managing Your Weight
Melanoma Screening
Obesity
Pregnancy After 35
Relaxation Exercises
Relaxation: Ocean
Relaxation: Streams
Relaxation: Waterfalls
Sleep Hygiene
Smoking Cessation, Stages of Change
Testicular Cancer Screening
Type 2 Diabetes
Types of Eye Care Professionals
Vital Signs: Know Your Numbers

Hematology
Anemia of Chronic Disease
Hemochromatosis
Mononucleosis

Mental Health
Bipolar Disorder
Depression
Depression Screening
Obsessive Compulsive Disorder
Panic Attacks
Posttraumatic Stress Disorder
Premenstrual Syndrome
Relaxation Exercises
Social Anxiety
Relaxation: Ocean
Relaxation: Streams
Relaxation: Waterfalls

Nephrology
Kidney Care for People with Diabetes
Kidney Stones
Pyelonephritis
Renal Artery Stenosis

Neurology
Carpal Tunnel Syndrome
Cluster Headache
Concussion
Continuous Positive Airway Pressure (CPAP)
Cubital Tunnel Syndrome
Delayed Sleep Phase Syndrome
Ganglion Cyst
Herpes Simplex
Herpes Zoster
Lead Poisoning Screening
Lyme disease
Migraine Headache
Multiple Sclerosis
Myasthenia Gravis
Narcolepsy
Obstructive Sleep Apnea (OSA)
Paralysis: For Caregivers
Paralysis: Hands-Free Computing
Paralysis: Independent Living Centers
Paralysis: Paralysis Resource Center
Parasomnias
Periodic Limb Movements of Sleep
Primary Insomnia
Relaxation Exercises
Relaxation Program
Restless Legs Syndrome (RLS)
Seizure Disorder, Grand Mal
Seizure Disorder, Petit Mal
Seizures, Febrile
Sleep Apnea in Children
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Spinal Tap Procedure
Stroke
Tension Type Headache
Trigeminal Neuralgia

Oncology
Anemia of Chronic Disease
Breast Biopsy
Breast Cancer Screening
Cervical Cancer Screening
Colon Cancer Screening
Colonoscopy
Flexible Sigmoidoscopy
Hemochromatosis
Mammogram
Melanoma Screening
Pap Smear
Polymyalgia Rheumatica
Prostate Cancer
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Testicular Cancer Screening

Call 866-947-3363 or visit www.wired.md
**Ophthalmology**
- Am I a Candidate for LASIK?
- Amblyopia
- Cataracts
- Child’s First Eye Exam
- Child’s Vision Performance
- Computer Vision Syndrome
- Corneal Abrasion
- Diabetes Related Eye Disease
- Dry Eye Syndrome
- Types of Eye Care Professionals

**Orthopedics**
- AC Arthritis
- ACL Injuries
- All About Arthritis
- Ankle Arthritis and Replacement
- Ankle Sprain
- Ankylosing Spondylitis
- Back Health: Lifting
- Bone Fractures and Sprains
- Bursitis
- Burst Fracture
- Carpal Tunnel Syndrome
- Cervical Arthritis
- Cervical Disk Rupture
- CMC Arthritis
- Computed Tomography (CT or CAT Scan)
- Costochondritis
- Crutch Training
- Cubital Tunnel Syndrome
- De Quervain’s Disease
- Dupuytren’s Disease
- Elbow Arthritis and Replacement
- Frozen Shoulder
- Ganglion Cyst
- Hip Arthritis and Replacement
- Hip Fracture
- Hip Pain
- Hip Revision
- Impingement Syndrome
- Knee Arthritis and Fixed Knee Replacement
- Knee Arthritis and Mobile Knee Replacement
- Low Back Pain
- Low Back Sprain
- Lumbar Disk Disease
- Lumbar Disk Rupture
- Lumbar/Lumbosacral Arthritis
- MCP Arthritis and Replacement
- Medial / Lateral Collateral Injuries
- Meniscal Injuries
- Olecranon Bursitis

**Otolaryngology**
- Allergic Rhinitis
- Anaphylaxis
- Herpes Simplex
- Labyrinthitis
- Metered-Dose Inhaler
- Mononucleosis
- Obstructive Sleep Apnea (OSA)
- Otitis Externa
- Otitis Media
- Sinusitis
- Sleep Apnea in Children

**Patient Safety**
- Hand Washing and Cleansing

**Pediatrics**
- Amblyopia
- Asthma
- Asthma in Children
- Atopic Dermatitis
- Bottle Feeding
- Breastfeeding
- Child’s First Eye Exam
- Child’s Vision Performance
- Colds and the Flu in Children
- Contact Dermatitis
- Diarrhea in Children
- Fever in Children Older Than 3 Months
- Hand Foot And Mouth Disease

**Osteoarthritis**
- Osteonecrosis of the Hip
- Paralysis: For Caregivers
- Paralysis: Hands-Free Computing
- Paralysis: Independent Living Centers
- Paralysis: Paralysis Resource Center
- Patellar Instability and Arthritis
- PIP / DIP Arthritis
- Pre-Patellar Bursitis
- Pseudogout
- Rotator Cuff Injuries
- Rotator Cuff Tendinitis/Tear
- Scoliosis
- Scoliosis (Long)
- Shoulder Arthritis and Replacement
- Shoulder Instability / Dislocation
- Spinal Stenosis
- Spondylolysis
- Tennis Elbow
- Total Knee Replacement
- Trigger Finger
- Trochanteric Bursitis
- Wrist Arthritis and Replacement
- Wrist Fracture

**Prenatal Care**
- Chronic Hypertension During Pregnancy
- Common Changes During Pregnancy
- Diabetes in Pregnancy
- Drugs, Alcohol and Smoking During Pregnancy
- Exercise During Pregnancy
- Folic Acid and Birth Defects
- Gestational Diabetes in Pregnancy
- High Blood Pressure in Pregnancy
- Infections During Pregnancy
- Labor and Delivery
- Pre-Existing Diabetes in Pregnancy
- Pregnancy After 35
- Pregnancy Induced Hypertension
- Prenatal Testing

**Heart Murmurs**
- Impetigo
- Lactose Intolerance Pediatric
- Lead Poisoning Screening
- Mononucleosis
- Myringotomy with Tubes
- Nausea and Vomiting in Children
- Otitis Externa
- Otitis Media
- Pityriasis Rosea
- Ringworm
- Safety: Car Seats for Infants and Toddlers
- Safety: Car Seats for School-Age Children
- Scoliosis
- Scoliosis (Long)
- Seizures, Febrile
- Sleep Apnea in Children
- Type 1 Diabetes in Children and Teens

Call 866-947-3363 or visit www.wired.md
### Pulmonary/Respiratory
- Asthma
- Asthma in Children
- Allergic Rhinitis
- Acute Bronchitis
- Anaphylaxis
- Angioedema
- Asbestosis
- Asthma
- Bacterial Pneumonia
- Colds and the Flu in Children
- Continuous Positive Airway Pressure (CPAP)
- COPD
- Delayed Sleep Phase Syndrome
- Influenza Vaccination
- Metered-Dose Inhaler
- Narcolepsy
- Obstructive Sleep Apnea (OSA)
- Parasomnias
- Peak Flow Meter
- Periodic Limb Movements of Sleep
- Pneumococcal Vaccination
- Primary Insomnia
- Relaxation Exercises
- Relaxation Program
- Restless Legs Syndrome (RLS)
- Sinusitis
- Sleep Apnea in Children
- Sleep Hygiene
- Sleep Studies (Your Night in the Sleep Lab)
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change

### Radiology & Imaging
- Computed Tomography (CT or CAT Scan)
- MRI (Magnetic Resonance Imaging)
- Ultrasound

### Rheumatology
- AC Arthritis
- All About Arthritis
- Ankle Arthritis and Replacement
- Ankylosing Spondylitis
- Bursitis
- Cervical Arthritis
- CMC Arthritis
- Costochondritis
- De Quervain’s Disease
- Dupuytren’s Disease
- Elbow Arthritis and Replacement
- Frozen Shoulder
- Hip Arthritis and Replacement
- Hip Pain
- Hip Revision
- Lumbar Disk Disease
- Lumbar/Lumbosacral Arthritis
- MCP Arthritis and Replacement
- Metatarsalgia
- Olecranon Bursitis
- Osteoarthritis
- Osteonecrosis of the Hip
- Patellar Instability and Arthritis
- PIP / DIP Arthritis
- Pre-Patellar Bursitis
- Pseudogout
- Raynaud’s Phenomenon
- Rheumatoid Arthritis: The Disease
- Rheumatoid Arthritis: The Treatment
- Shoulder Arthritis and Replacement
- Trochanteric Bursitis
- Wrist Arthritis and Replacement

### Senior Health
- AC Arthritis
- ACL Injuries
- All About Arthritis
- Ankle Arthritis and Replacement
- Atherosclerosis
- Back Health: Lifting
- Blood Sugar Testing
- Bursitis
- Cataracts
- Cervical Arthritis
- Cervical Disk Rupture
- Cholesterol Screening
- Chronic Pancreatitis
- Claudication
- CMC Arthritis
- COPD
- Coronary Artery Bypass Surgery
- Coronary Artery Disease: Risk Factors and Prevention
- Coronary Artery Disease: Treatment
- Depression
- Depression Screening
- Diabetes Related Eye Disease
- Diverticulitis
- Diverticulosis
- Dry Eye Syndrome
- EGD: Upper Endoscopy
- Elbow Arthritis and Replacement
- ERCP
- Flexible Sigmoidoscopy
- Foot Care for People with Diabetes
- Gastroesophageal Reflux Disease (GERD)
- Hip Arthritis and Replacement
- Hip Fracture
- Hip Pain
- Hip Revision
- Hypertension
- Hypoglycemia in Diabetes
- Hypothyroidism
- Impingement Syndrome
- Influenza Vaccination
- Insulin and Diabetes
- Irritable Bowel Syndrome
- Kidney Care for People with Diabetes
- Knee Arthritis and Fixed Knee Replacement
- Knee Arthritis and Mobile Knee Replacement
- Low Back Pain
- Low Back Sprain
- Lumbar Disk Disease
- Lumbar Disk Rupture
- Lumbar/Lumbosacral Arthritis
- Mammogram
- MCP Arthritis and Replacement
- Meal Planning for People with Diabetes
- Meniscal Injuries
- Metatarsalgia
- Osteoarthritis
- Osteonecrosis of the Hip
- Patellar Instability and Arthritis
- Peripheral Arterial Disease
- PIP / DIP Arthritis
- Pneumococcal Vaccination
- Polymyalgia Rheumatica
- Premature Ventricular Contractions
- Pre-Patellar Bursitis
- Pressure Relieving Cushions
- Pressure Sores Associated with Seating
- Pressure Ulcers
- Prostate Cancer
- Pseudogout
- Rosacea
- Rotator Cuff Injuries
- Rotator Cuff Tendinitis/Tear
- Shoulder Arthritis and Replacement
- Shoulder Instability / Dislocation
- Spinal Stenosis
- Stroke
- Tennis Elbow
- Testicular Cancer Screening
- Total Knee Replacement
- Transient Ischemic Attack
- Trochanteric Bursitis
- Type 2 Diabetes
- Urinary Incontinence
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male
- Varicose Veins
- Wrist Arthritis and Replacement
- Wrist Fracture
**Urology**
- Kidney Care for People with Diabetes
- Prostate Cancer
- Pyelonephritis
- Testicular Cancer Screening
- Urethritis
- Urinary Incontinence
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male

**Vascular**
- Abdominal Aortic Aneurysm
- Atherosclerosis
- Atrial Fibrillation
- Carotid Artery Disease
- Claudication
- Peripheral Arterial Disease
- Raynaud’s Phenomenon
- Renal Artery Stenosis
- Stroke
- Varicose Veins

**Women’s Health**
- Breast Biopsy
- Breast Cancer Screening
- Cervical Cancer Screening
- Cholesterol Screening
- Depression
- Dysfunctional Uterine Bleeding
- Dysmenorrhea
- Endometriosis
- Hypertension
- Hysterectomy
- Hysterectomy Options: LSH
- Irritable Bowel Syndrome
- Lactose Intolerance Adult
- Mammogram
- Menopause
- Obesity
- Ovarian Cysts
- Pap Smear
- Pelvic Inflammatory Disease
- Premenstrual Syndrome
- Primary Insomnia
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Tension Type Headache
- Tubal Ligation
- Urethritis
- Urinary Incontinence
- Urinary Tract Infection, Female
- Varicose Veins
Spanish Specialties

Cardiology
Abdominal Aortic Aneurysm
Atherosclerosis
Atrial Fibrillation
Cardiac Arrhythmias
Cardiac Catheterization
Cardiac Rehabilitation
Cardiac Stress Tests
Carotid Artery Disease
Cholesterol Screening
Chronic Hypertension During Pregnancy
Claudication
Coronary Artery Bypass Surgery
Coronary Artery Disease: Risk Factors and Prevention
Coronary Artery Disease: Treatment
Heart Attacks
Heart Failure
Heart Murmurs
High Blood Pressure in Pregnancy
How Your Heart Works
Hypertension
ICDs: Implantable Cardioverter Defibrillators
Mitral Valve Prolapse
Obstructive Sleep Apnea (OSA)
Pacemakers
Peripheral Arterial Disease
Pregnancy Induced Hypertension
Renal Artery Stenosis
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Stoke

Dermatology
Pressure Relieving Cushions
Pressure Sores Associated with Seating

Emergency
Abdominal Aortic Aneurysm
Asthma
Atrial Fibrillation
Bone Fractures and Sprains
Cardiac Arrhythmias
Crutch Training
Depression
Depression Screening
Diabetic Ketoacidosis
Fever in Children Older Than 3 Months
H1N1 Influenza (Swine Flu)
Heart Attacks
Heart Failure
Hypoglycemia in Diabetes
Lacerations and Wound Care

Endocrinology
Blood Sugar Testing
Diabetes in Pregnancy
Diabetes Related Eye Disease
Diabetic Ketoacidosis
Foot Care for People with Diabetes
Gestational Diabetes in Pregnancy
Hypoglycemia in Diabetes
Hypothyroidism
Insulin and Diabetes
Kidney Care for People with Diabetes
Meal Planning for People with Diabetes
Menopause
Obesity
Pre-Diabetes
Pre-Existing Diabetes in Pregnancy
Type 1 Diabetes in Adults
Type 1 Diabetes in Children and Teens
Type 2 Diabetes

Gastroenterology
Cholecystectomy
Colon Cancer Screening
Colonoscopy
Diarrhea in Children
EGD: Upper Endoscopy
Flexible Sigmoidoscopy
Irritable Bowel Syndrome
Meal Planning for People with Diabetes
Nausea and Vomiting in Children
Obesity
Prostate Cancer

General Surgery
Anesthesia
Appendectomy
Cholecystectomy
Hernia Repair
Myringotomy with Tubes
Tubal Ligation

Health Promotion & Disease Management
Breast Cancer Screening
Cervical Cancer Screening

Child’s First Eye Exam
Child’s Vision Eye Exam
Cholesterol Performance
Colon Cancer Screening
Coronary Artery Disease: Risk Factors and Prevention
Depression Screening
Diabetes Related Eye Disease
Foot Care for People with Diabetes
Guide to Physical Activity
H1N1 Influenza (Swine Flu)
Hand Washing and Cleansing
Healthy Eating and Snacking
How Your Heart Works
Influenza Vaccination
Keeping Your Back Healthy
Mammogram
Managing Stress
Managing Your Weight
Obesity
Pregnancy After 35
Relaxation Exercises
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Smoking Cessation, Stages of Change
Testicular Cancer Screening
Type 2 Diabetes
Types of Eye Care Professionals
Vital Signs: Know Your Numbers

Mental Health
Bipolar Disorder
Depression
Depression Screening
Obsessive Compulsive Disorder
Panic Attacks
Relaxation Exercises
Relaxation: Ocean
Relaxation: Streams
Relaxation: Waterfalls
Social Anxiety

Nephrology
Kidney Care for People with Diabetes
Renal Artery Stenosis

Neurology
Carpal Tunnel Syndrome
Continuous Positive Airway Pressure (CPAP)
Delayed Sleep Phase Syndrome
Narcolepsy
Obstructive Sleep Apnea (OSA)
Parasomnias
PATIENT EDUCATION

VIDEO LIBRARY

Periodic Limb Movements of Sleep
Primary Insomnia
Relaxation Exercises
Restless Legs Syndrome (RLS)
Sleep Apnea in Children
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Spinal Tap Procedure
Stroke

Oncology
Breast Biopsy
Breast Cancer Screening
Cervical Cancer Screening
Colorectal Cancer Screening
Colonoscopy
Flexible Sigmoidoscopy
Mammogram
Pap Smear
Prostate Cancer
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Testicular Cancer Screening

Pediatrics
Amblonyopia
Asthma
Asthma in Children
Breastfeeding
Child's First Eye Exam
Child's Vision Performance
Colds and the Flu in Children
Diarrhea in Children
Fever in Children Older Than 3 Months
Heart Murmurs
Nausea and Vomiting in Children
Otitis Media
Safety: Car Seats for Infants and Toddlers
Safety: Car Seats for School-Age Children
Sleep Apnea in Children
Type 1 Diabetes in Children and Teens

Prenatal Care
Chronic Hypertension During Pregnancy
Common Changes During Pregnancy
Diabetes in Pregnancy
Drugs, Alcohol and Smoking During Pregnancy
Exercise During Pregnancy
Folic Acid and Birth Defects
Gestational Diabetes in Pregnancy
High Blood Pressure in Pregnancy
Infections During Pregnancy
Labor and Delivery
Myringotomy with Tubes
Pre-Existing Diabetes in Pregnancy
Pregnancy After 35
Pregnancy Induced Hypertension
Prenatal Testing

Pulmonary/Respiratory
Asthma
Asthma in Children
Colds and the Flu in Children
Continuous Positive Airway Pressure (CPAP)
COPD
Delayed Sleep Phase Syndrome
Influenza Vaccination
Metered-Dose Inhaler
Narcolepsy
Obstructive Sleep Apnea (OSA)
Parasomnias
Peak Flow Meter
Periodic Limb Movements of Sleep
Pneumococcal Vaccination
Primary Insomnia

Relaxation Exercises
Restless Legs Syndrome (RLS)
Sleep Apnea in Children
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change

Radiology & Imaging
Computed Tomography (CT or CAT Scan)
MRI (Magnetic Resonance Imaging)
Ultrasound

Rheumatology
CMC Arthritis
Elbow Arthritis and Replacement
Hip Arthritis and Replacement
Knee Arthritis and Mobile Knee Replacement
MCP Arthritis and Replacement
PIP / DIP Arthritis
Rheumatoid Arthritis: The Disease
Rheumatoid Arthritis: The Treatment
Shoulder Arthritis and Replacement
Wrist Arthritis and Replacement

Senior Health
Atherosclerosis
Blood Sugar Testing
Cholesterol Screening
Claudication
CMC Arthritis
COPD
Coronary Artery Bypass Surgery
Coronary Artery Disease: Risk Factors and Prevention
Coronary Artery Disease: Treatment
Depression
Depression Screening
Diabetes Related Eye Disease
Dry Eye Syndrome
EGD: Upper Endoscopy
Elbow Arthritis and Replacement
Foot Care for People with Diabetes
Hip Arthritis and Replacement
Hypertension
Hypoglycemia in Diabetes
Hypothyroidism
Influenza Vaccination
Insulin and Diabetes
Irritable Bowel Syndrome
Kidney Care for People with Diabetes
Knee Arthritis and Mobile Knee Replacement
Low Back Pain
Mammogram
MCP Arthritis and Replacement
Meal Planning for People with Diabetes
Peripheral Arterial Disease
PIP / DIP Arthritis
Pneumococcal Vaccination
Pressure Relieving Cushions
Pressure Sores Associated with Seating
Prostate Cancer
Shoulder Arthritis and Replacement
Stroke
Testicular Cancer Screening
Total Knee Replacement
Type 2 Diabetes
Urinary Tract Infection
Varicose Veins
Wrist Arthritis and Replacement

Urology
Kidney Care for People with Diabetes
Prostate Cancer
Testicular Cancer Screening
Urinary Tract Infection

Vascular
Abdominal Aortic Aneurysm
Atherosclerosis
Atrial Fibrillation
Carotid Artery Disease
Claudication
Peripheral Arterial Disease
Raynaud’s Phenomenon
Renal Artery Stenosis
Stroke
Varicose Veins

Women’s Health
Breast Biopsy
Breast Cancer Screening
Cervical Cancer Screening
Cholesterol Screening
Depression
Hypertension
Hysterectomy
Hysterectomy Options: LSH
Mammogram
Menopause
Obesity
Ovarian Cysts
Pap Smear
Primary Insomnia
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Tubal Ligation
Urinary Tract Infection
Varicose Veins

Foreign Language

Arabic
Atherosclerosis
Back Health: Lifting
Cholesterol Screening
Gestational Diabetes in Pregnancy
Hypertension
Obesity
Pre-Diabetes
Relaxation Exercises
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change

Cantonese
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Japanese
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer
Stroke
Type 2 Diabetes

Mandarin
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Polish
Breast Biopsy
Carpal Tunnel Syndrome
Cholesterol Screening
Colonoscopy
Depression
Depression Screening
Diabetes, Type 2
Drugs, Alcohol and Smoking During Pregnancy
Flexible Sigmoidoscopy
Foot Care for People with Diabetes
GERD
Hypertension
Insulin and Diabetes
Labor and Delivery
Low Back Pain
Lumbar Disk Disease
Mammogram
Meal Planning for People with Diabetes
Menopause
Metered-Dose Inhaler
Migraine Headache
Obesity
Panic Attacks
Pap Smear
Smoking Cessation, Stages of Change

Russian
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Vietnamese
Atherosclerosis
Colon Cancer Screening
Hypertension
Prostate Cancer