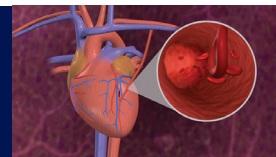


# PATIENT EDUCATION VIDEO LIBRARY

## Primary Care

Abdominal Aortic Aneurysm	Cholesterol Screening	Foot Care for People with Diabetes
AC Arthritis	Chronic Hypertension During Pregnancy	Frozen Shoulder
ACL Injuries	Chronic Pancreatitis	Ganglion Cyst
Acute Bronchitis	Claudication	Gastritis
Alcoholic Hepatitis	Cluster Headache	GERD
All About Arthritis	CMC Arthritis	Gestational Diabetes in Pregnancy
Allergic Rhinitis	Colds and the Flu in Children	Guide to Physical Activity
Am I a Candidate for LASIK?	Colon Cancer Screening	H1N1 Influenza (Swine Flu)
Amblyopia	Colonoscopy	Hand Foot And Mouth Disease
Anaphylaxis	Common Changes During Pregnancy	Hand Washing and Cleansing
Anemia of Chronic Disease	Computed Tomography (CT or CAT Scan)	Healthy Eating and Snacking
Anesthesia	Computer Vision Syndrome	Heart Attacks
Angioedema	Concussion	Heart Failure
Ankle Arthritis and Replacement	Contact Dermatitis	Heart Murmurs
Ankle Sprain	Continuous Positive Airway Pressure (CPAP)	Hemochromatosis
Ankylosing Spondylitis	COPD	Hepatitis A
Appendectomy	Corneal Abrasion	Hepatitis B
Asbestosis	Coronary Artery Bypass Surgery	Hepatitis C
Asthma	Coronary Artery Disease: Risk Factors and Prevention	Hernia Repair
Asthma in Children	Coronary Artery Disease: Treatment	Herpes Simplex
Atherosclerosis	Costochondritis	Herpes Zoster
Atopic Dermatitis	Crutch Training	High Blood Pressure in Pregnancy
Atrial Fibrillation	Cubital Tunnel Syndrome	Hip Arthritis and Replacement
Back Health: Lifting	De Quervain's Disease	Hip Fracture
Bacterial Food Poisoning	Delayed Sleep Phase Syndrome	Hip Pain
Bacterial Pneumonia	Depression	Hip Revision
Bipolar Disorder	Depression Screening	How Your Heart Works - Animation
Blood Sugar Testing	Diabetes in Pregnancy	Hypertension
Bone Fractures and Sprains	Diabetes Related Eye Disease	Hypoglycemia in Diabetes
Bottle Feeding	Diabetic Ketoacidosis	Hypothyroidism
Breast Biopsy	Diarrhea in Children	Hysterectomy
Breast Cancer Screening	Diverticulitis	Hysterectomy Options: LSH
Breastfeeding	Diverticulosis	ICDs: Implantable Cardioverter Defibrillators
Bursitis	Drugs, Alcohol and Smoking During Pregnancy	Impetigo
Burst Fracture	Dry Eye Syndrome	Impingement Syndrome
Cardiac Arrhythmias	Dupuytren's Disease	Infections During Pregnancy
Cardiac Catheterization	Dysfunctional Uterine Bleeding	Influenza Vaccination
Cardiac Rehabilitation	Dysmenorrhea	Insulin and Diabetes
Cardiac Stress Tests	EGD: Upper Endoscopy	Irritable Bowel Syndrome
Carotid Artery Disease	Elbow Arthritis and Replacement	Keeping Your Back Healthy
Carpal Tunnel Syndrome	Endometriosis	Kidney Care for People with Diabetes
Cataracts	ERCP	Kidney Stones
Cervical Arthritis	Exercise During Pregnancy	Knee Arthritis and Fixed Knee Replacement
Cervical Cancer Screening	Fever in Children Older Than 3 Months	Knee Arthritis and Mobile Knee Replacement
Cervical Disk Rupture	Flexible Sigmoidoscopy	Labor and Delivery
Child's First Eye Exam	Folic Acid and Birth Defects	Labyrinthitis
Child's Vision Performance		
Cholecystectomy		
Cholelithiasis		



Lacerations and Wound Care  
Lactose Intolerance Adult  
Lactose Intolerance Pediatric  
Lead Poisoning Screening  
Low Back Pain  
Low Back Sprain  
Lumbar Disk Disease  
Lumbar Disk Rupture  
Lumbar/Lumbosacral Arthritis  
Lyme Disease  
Mammogram  
Managing Stress  
Managing Your Weight  
MCP Arthritis and Replacement  
Meal Planning for People with Diabetes  
Medial / Lateral Collateral Injuries  
Melanoma Screening  
Meniscal Injuries  
Menopause  
Metatarsalgia  
Metered-Dose Inhaler  
Migraine Headache  
Mitral Valve Prolapse  
Mononucleosis  
MRI (Magnetic Resonance Imaging)  
Multiple Sclerosis  
Myasthenia Gravis  
Myringotomy with Tubes  
Narcolepsy  
Nausea and Vomiting in Children  
Obesity  
Obsessive Compulsive Disorder  
Obstructive Sleep Apnea (OSA)  
Olecranon Bursitis  
Osteoarthritis  
Osteonecrosis of the Hip  
Otitis Externa  
Otitis Media  
Ovarian Cysts  
Pacemakers  
Panic Attacks  
Pap Smear  
Paralysis: For Caregivers  
Paralysis: Hands-Free Computing  
Paralysis: Independent Living Centers  
Paralysis: Paralysis Resource Center  
Parasomnias  
Patellar Instability and Arthritis  
Peak Flow Meter  
Pelvic Inflammatory Disease  
Peptic Ulcer Disease  
Periodic Limb Movements of Sleep  
Peripheral Arterial Disease  
PIP / DIP Arthritis

Pityriasis Rosea  
Plantar Warts  
Pneumococcal Vaccination  
Polymyalgia Rheumatica  
Posttraumatic Stress Disorder  
Pre-Diabetes  
Pre-Existing Diabetes in Pregnancy  
Pregnancy After 35  
Pregnancy Induced Hypertension  
Premature Ventricular Contractions  
Premenstrual Syndrome  
Prenatal Testing  
Pre-Patellar Bursitis  
Pressure Relieving Cushions  
Pressure Sores Associated with Seating  
Pressure Ulcers  
Primary Insomnia  
Prostate Cancer  
Pseudogout  
Pseudomembranous Colitis  
Pyelonephritis  
Raynaud's Phenomenon  
Relaxation Exercises  
Relaxation: Ocean  
Relaxation: Streams  
Relaxation: Waterfalls  
Renal Artery Stenosis  
Restless Legs Syndrome (RLS)  
Rheumatoid Arthritis: The Disease  
Rheumatoid Arthritis: The Treatment  
Ringworm  
Rosacea  
Rotator Cuff Injuries  
Rotator Cuff Tendonitis/Tear  
Safety: Car Seats for Infants and Toddlers  
Safety: Car Seats for School-Age Children  
Scabies  
Scoliosis  
Scoliosis (Long)  
Seizure Disorder, Grand Mal  
Seizure Disorder, Petit Mal  
Seizures, Febrile  
Shoulder Arthritis and Replacement  
Shoulder Instability / Dislocation  
Sinusitis  
Sleep Apnea in Children  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Social Anxiety  
Spinal Stenosis

Spinal Tap Procedure  
Spondylolisthesis  
Stroke  
Tennis Elbow  
Tension Type Headache  
Testicular Cancer Screening  
Tinea Pedis  
Tinea Unguium  
Tinea Versicolor  
Total Knee Replacement  
Transient Ischemic Attack  
Trigeminal Neuralgia  
Trigger Finger  
Trochanteric Bursitis  
Tubal Ligation  
Type 1 Diabetes in Adults  
Type 1 Diabetes in Children and Teens  
Type 2 Diabetes  
Types of Eye Care Professionals  
Ultrasound  
Urethritis  
Urinary Incontinence  
Urinary Tract Infection, Female  
Urinary Tract Infection, Male  
Varicose Veins  
Vital Signs: Know Your Numbers  
Wrist Arthritis and Replacement  
Wrist Fracture

# PATIENT EDUCATION VIDEO LIBRARY



## **Specialty Packages**

### **Cardiology**

Abdominal Aortic Aneurysm  
Anaphylaxis  
Atherosclerosis  
Atrial Fibrillation  
Cardiac Arrhythmias  
Cardiac Catheterization  
Cardiac Rehabilitation  
Cardiac Stress Tests  
Carotid Artery Disease  
Cholesterol Screening  
Chronic Hypertension During Pregnancy  
Claudication  
Coronary Artery Bypass Surgery  
Coronary Artery Disease: Risk Factors  
and Prevention  
Coronary Artery Disease: Treatment  
Costochondritis  
Heart Attacks  
Heart Failure  
Heart Murmurs  
High Blood Pressure in Pregnancy  
How Your Heart Works - Animation  
Hypertension  
ICDs: Implantable Cardioverter  
Defibrillators  
Mitral Valve Prolapse  
Obstructive Sleep Apnea (OSA)  
Pacemakers  
Peripheral Arterial Disease  
Pregnancy Induced Hypertension  
Premature Ventricular Contractions  
Renal Artery Stenosis  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Stroke  
Transient Ischemic Attack

### **Dermatology**

Angioedema  
Atopic Dermatitis  
Contact Dermatitis  
Hand Foot And Mouth Disease  
Herpes Simplex  
Herpes Zoster  
Impetigo  
Lyme Disease  
Melanoma Screening  
Pityriasis Rosea  
Plantar Warts  
Pressure Relieving Cushions  
Pressure Sores Associated with Seating  
Pressure Ulcers

Ringworm  
Rosacea  
Scabies  
Tinea Pedis  
Tinea Unguium  
Tinea Versicolor

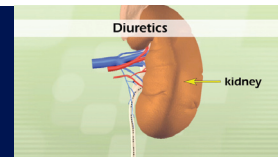
### **Emergency Medicine**

Abdominal Aortic Aneurysm  
Acute Bronchitis  
Alcoholic Hepatitis  
Anaphylaxis  
Angioedema  
Ankle Sprain  
Asthma  
Atrial Fibrillation  
Bacterial Food Poisoning  
Bacterial Pneumonia  
Bone Fractures and Sprains  
Bursitis  
Burst Fracture  
Cardiac Arrhythmias  
Cervical Disk Rupture  
Cholelithiasis  
Cluster Headache  
Concussion  
Corneal Abrasion  
Costochondritis  
Crutch Training  
Depression  
Depression Screening  
Diabetic Ketoacidosis  
Dysmenorrhea  
Fever in Children Older Than 3 Months  
Gastritis  
Gastroesophageal Reflux Disease (GERD)  
H1N1 Influenza (Swine Flu)  
Hand Foot And Mouth Disease  
Heart Attacks  
Heart Failure  
Hepatitis A  
Hepatitis B  
Hepatitis C  
Herpes Zoster  
Hip Fracture  
Hypoglycemia in Diabetes  
Kidney Stones  
Labyrinthitis  
Lacerations and Wound Care  
Low Back Pain  
Low Back Sprain  
Lumbar Disk Rupture

Meniscal Injuries  
Metered-Dose Inhaler  
Migraine Headache  
Obsessive Compulsive Disorder  
Otitis Media  
Panic Attacks  
Pelvic Inflammatory Disease  
Peptic Ulcer Disease  
Premature Ventricular Contractions  
Pseudomembranous Colitis  
Pyelonephritis  
Seizure Disorder, Grand Mal  
Seizure Disorder, Petit Mal  
Seizures, Febrile  
Social Anxiety  
Spinal Tap Procedure  
Stroke  
Tension Type Headache  
Transient Ischemic Attack  
Urethritis  
Urinary Tract Infection, Female  
Urinary Tract Infection, Male  
Wrist Fracture

### **Endocrinology**

Blood Sugar Testing  
Diabetes in Pregnancy  
Diabetes Related Eye Disease  
Diabetic Ketoacidosis  
Foot Care for People with Diabetes  
Gestational Diabetes in Pregnancy  
Hemochromatosis  
Hypoglycemia in Diabetes  
Hypothyroidism  
Insulin and Diabetes  
Kidney Care for People with Diabetes  
Meal Planning for People with Diabetes  
Menopause  
Obesity  
Pre-Diabetes  
Pre-Existing Diabetes in Pregnancy  
Type 1 Diabetes in Adults  
Type 1 Diabetes in Children and Teens  
Type 2 Diabetes



## Gastroenterology

Alcoholic Hepatitis  
Bacterial Food Poisoning  
Cholecystectomy  
Cholelithiasis  
Chronic Pancreatitis  
Colon Cancer Screening  
Colonoscopy  
Diarrhea in Children  
Diverticulitis  
Diverticulosis  
EGD: Upper Endoscopy  
ERCP  
Flexible Sigmoidoscopy  
Gastritis  
Gastroesophageal Reflux Disease (GERD)  
Hepatitis A  
Hepatitis B  
Hepatitis C  
Irritable Bowel Syndrome  
Lactose Intolerance Adult  
Lactose Intolerance Pediatric  
Meal Planning for People with Diabetes  
Mononucleosis  
Nausea and Vomiting in Children  
Obesity  
Peptic Ulcer Disease  
Prostate Cancer  
Pseudomembranous Colitis

## General Surgery

Anesthesia  
Appendectomy  
Cholecystectomy  
Hernia Repair  
Myringotomy with Tubes  
Tubal Ligation

## Health Promotion & Disease Management

Back Health: Lifting  
Breast Cancer Screening  
Cervical Cancer Screening  
Child's First Eye Exam  
Child's Vision Performance  
Cholesterol Screening  
Colon Cancer Screening  
Coronary Artery Disease: Risk Factors  
and Prevention  
Depression Screening  
Foot Care for People with Diabetes  
Guide to Physical Activity  
H1N1 Influenza (Swine Flu)  
Hand Washing and Cleansing  
Healthy Eating and Snacking

How Your Heart Works  
Influenza Vaccination  
Keeping Your Back Healthy  
Mammogram  
Managing Stress  
Managing Your Weight  
Melanoma Screening  
Obesity  
Pregnancy After 35  
Relaxation Exercises  
Relaxation: Ocean  
Relaxation: Streams  
Relaxation: Waterfalls  
Sleep Hygiene  
Smoking Cessation, Stages of Change  
Testicular Cancer Screening  
Type 2 Diabetes  
Types of Eye Care Professionals  
Vital Signs: Know Your Numbers

## Hematology

Anemia of Chronic Disease  
Hemochromatosis  
Mononucleosis

## Mental Health

Bipolar Disorder  
Depression  
Depression Screening  
Obsessive Compulsive Disorder  
Panic Attacks  
Posttraumatic Stress Disorder  
Premenstrual Syndrome  
Relaxation Exercises  
Social Anxiety  
Relaxation: Ocean  
Relaxation: Streams  
Relaxation: Waterfalls

## Nephrology

Kidney Care for People with Diabetes  
Kidney Stones  
Pyelonephritis  
Renal Artery Stenosis

## Neurology

Carpal Tunnel Syndrome  
Cluster Headache  
Concussion  
Continuous Positive Airway Pressure  
(CPAP)  
Cubital Tunnel Syndrome  
Delayed Sleep Phase Syndrome  
Ganglion Cyst  
Herpes Simplex  
Herpes Zoster

Lead Poisoning Screening  
Lyme disease  
Migraine Headache  
Multiple Sclerosis  
Myasthenia Gravis  
Narcolepsy  
Obstructive Sleep Apnea (OSA)  
Paralysis: For Caregivers  
Paralysis: Hands-Free Computing  
Paralysis: Independent Living Centers  
Paralysis: Paralysis Resource Center  
Parasomnias  
Periodic Limb Movements of Sleep  
Primary Insomnia  
Relaxation Exercises  
Relaxation Program  
Restless Legs Syndrome (RLS)  
Seizure Disorder, Grand Mal  
Seizure Disorder, Petit Mal  
Seizures, Febrile  
Sleep Apnea in Children  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)  
Spinal Tap Procedure  
Stroke  
Tension Type Headache  
Trigeminal Neuralgia

## Oncology

Anemia of Chronic Disease  
Breast Biopsy  
Breast Cancer Screening  
Cervical Cancer Screening  
Colon Cancer Screening  
Colonoscopy  
Flexible Sigmoidoscopy  
Hemochromatosis  
Mammogram  
Melanoma Screening  
Pap Smear  
Polymyalgia Rheumatica  
Prostate Cancer  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Testicular Cancer Screening

# PATIENT EDUCATION VIDEO LIBRARY



## Ophthalmology

Am I a Candidate for LASIK?  
Amblyopia  
Cataracts  
Child's First Eye Exam  
Child's Vision Performance  
Computer Vision Syndrome  
Corneal Abrasion  
Diabetes Related Eye Disease  
Dry Eye Syndrome  
Types of Eye Care Professionals

## Orthopedics

AC Arthritis  
ACL Injuries  
All About Arthritis  
Ankle Arthritis and Replacement  
Ankle Sprain  
Ankylosing Spondylitis  
Back Health: Lifting  
Bone Fractures and Sprains  
Bursitis  
Burst Fracture  
Carpal Tunnel Syndrome  
Cervical Arthritis  
Cervical Disk Rupture  
CMC Arthritis  
Computed Tomography (CT or CAT Scan)  
Costochondritis  
Crutch Training  
Cubital Tunnel Syndrome  
De Quervain's Disease  
Dupuytren's Disease  
Elbow Arthritis and Replacement  
Frozen Shoulder  
Ganglion Cyst  
Hip Arthritis and Replacement  
Hip Fracture  
Hip Pain  
Hip Revision  
Impingement Syndrome  
Knee Arthritis and Fixed Knee Replacement  
Knee Arthritis and Mobile Knee Replacement  
Low Back Pain  
Low Back Sprain  
Lumbar Disk Disease  
Lumbar Disk Rupture  
Lumbar/Lumbosacral Arthritis  
MCP Arthritis and Replacement  
Medial / Lateral Collateral Injuries  
Meniscal Injuries  
Olecranon Bursitis

Osteoarthritis  
Osteonecrosis of the Hip  
Paralysis: For Caregivers  
Paralysis: Hands-Free Computing  
Paralysis: Independent Living Centers  
Paralysis: Paralysis Resource Center  
Patellar Instability and Arthritis  
PIP / DIP Arthritis  
Pre-Patellar Bursitis  
Pseudogout  
Rotator Cuff Injuries  
Rotator Cuff Tendinitis/Tear  
Scoliosis  
Scoliosis (Long)  
Shoulder Arthritis and Replacement  
Shoulder Instability / Dislocation  
Spinal Stenosis  
Spondylolisthesis  
Tennis Elbow  
Total Knee Replacement  
Trigger Finger  
Trochanteric Bursitis  
Wrist Arthritis and Replacement  
Wrist Fracture

## Otolaryngology

Allergic Rhinitis  
Anaphylaxis  
Herpes Simplex  
Labyrinthitis  
Metered-Dose Inhaler  
Mononucleosis  
Obstructive Sleep Apnea (OSA)  
Otitis Externa  
Otitis Media  
Sinusitis  
Sleep Apnea in Children

## Patient Safety

Hand Washing and Cleansing

## Pediatrics

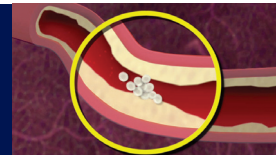
Amblyopia  
Asthma  
Asthma in Children  
Atopic Dermatitis  
Bottle Feeding  
Breastfeeding  
Child's First Eye Exam  
Child's Vision Performance  
Colds and the Flu in Children  
Contact Dermatitis  
Diarrhea in Children  
Fever in Children Older Than 3 Months  
Hand Foot And Mouth Disease

Heart Murmurs  
Impetigo  
Lactose Intolerance Pediatric  
Lead Poisoning Screening  
Mononucleosis  
Myringotomy with Tubes  
Nausea and Vomiting in Children  
Otitis Externa  
Otitis Media  
Pityriasis Rosea  
Ringworm  
Safety: Car Seats for Infants and Toddlers  
Safety: Car Seats for School-Age Children  
Scoliosis  
Scoliosis (Long)  
Seizures, Febrile  
Sleep Apnea in Children  
Type 1 Diabetes in Children and Teens

## Prenatal Care

Chronic Hypertension During Pregnancy  
Common Changes During Pregnancy  
Diabetes in Pregnancy  
Drugs, Alcohol and Smoking During Pregnancy  
Exercise During Pregnancy  
Folic Acid and Birth Defects  
Gestational Diabetes in Pregnancy  
High Blood Pressure in Pregnancy  
Infections During Pregnancy  
Labor and Delivery  
Pre-Existing Diabetes in Pregnancy  
Pregnancy After 35  
Pregnancy Induced Hypertension  
Prenatal Testing





## Pulmonary/Respiratory

Asthma  
Asthma in Children  
Allergic Rhinitis  
Acute Bronchitis  
Anaphylaxis  
Angioedema  
Asbestosis  
Asthma  
Bacterial Pneumonia  
Colds and the Flu in Children  
Continuous Positive Airway Pressure (CPAP)  
COPD  
Delayed Sleep Phase Syndrome  
Influenza Vaccination  
Metered-Dose Inhaler  
Narcolepsy  
Obstructive Sleep Apnea (OSA)  
Parasomnias  
Peak Flow Meter  
Periodic Limb Movements of Sleep  
Pneumococcal Vaccination  
Primary Insomnia  
Relaxation Exercises  
Relaxation Program  
Restless Legs Syndrome (RLS)  
Sinusitis  
Sleep Apnea in Children  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change

## Radiology & Imaging

Computed Tomography (CT or CAT Scan)  
MRI (Magnetic Resonance Imaging)  
Ultrasound

## Rheumatology

AC Arthritis  
All About Arthritis  
Ankle Arthritis and Replacement  
Ankylosing Spondylitis  
Bursitis  
Cervical Arthritis  
CMC Arthritis  
Costochondritis  
De Quervain's Disease  
Dupuytren's Disease  
Elbow Arthritis and Replacement  
Frozen Shoulder  
Hip Arthritis and Replacement  
Hip Pain  
Hip Revision  
Lumbar Disk Disease

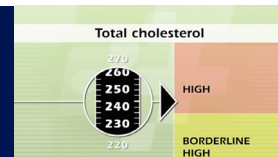
Lumbar/Lumbosacral Arthritis  
MCP Arthritis and Replacement  
Metatarsalgia  
Olecranon Bursitis  
Osteoarthritis  
Osteonecrosis of the Hip  
Patellar Instability and Arthritis  
PIP / DIP Arthritis  
Pre-Patellar Bursitis  
Pseudogout  
Raynaud's Phenomenon  
Rheumatoid Arthritis: The Disease  
Rheumatoid Arthritis: The Treatment  
Shoulder Arthritis and Replacement  
Trochanteric Bursitis  
Wrist Arthritis and Replacement

## Senior Health

AC Arthritis  
ACL Injuries  
All About Arthritis  
Ankle Arthritis and Replacement  
Atherosclerosis  
Back Health: Lifting  
Blood Sugar Testing  
Bursitis  
Cataracts  
Cervical Arthritis  
Cervical Disk Rupture  
Cholesterol Screening  
Chronic Pancreatitis  
Claudication  
CMC Arthritis  
COPD  
Coronary Artery Bypass Surgery  
Coronary Artery Disease: Risk Factors and Prevention  
Coronary Artery Disease: Treatment  
Depression  
Depression Screening  
Diabetes Related Eye Disease  
Diverticulitis  
Diverticulosis  
Dry Eye Syndrome  
EGD: Upper Endoscopy  
Elbow Arthritis and Replacement  
ERCP  
Flexible Sigmoidoscopy  
Foot Care for People with Diabetes  
Gastroesophageal Reflux Disease (GERD)  
Hip Arthritis and Replacement  
Hip Fracture  
Hip Pain  
Hip Revision  
Hypertension

Hypoglycemia in Diabetes  
Hypothyroidism  
Impingement Syndrome  
Influenza Vaccination  
Insulin and Diabetes  
Irritable Bowel Syndrome  
Kidney Care for People with Diabetes  
Knee Arthritis and Fixed Knee Replacement  
Knee Arthritis and Mobile Knee Replacement  
Low Back Pain  
Low Back Sprain  
Lumbar Disk Disease  
Lumbar Disk Rupture  
Lumbar/Lumbosacral Arthritis  
Mammogram  
MCP Arthritis and Replacement  
Meal Planning for People with Diabetes  
Meniscal Injuries  
Metatarsalgia  
Osteoarthritis  
Osteonecrosis of the Hip  
Patellar Instability and Arthritis  
Peripheral Arterial Disease  
PIP / DIP Arthritis  
Pneumococcal Vaccination  
Polymyalgia Rheumatica  
Premature Ventricular Contractions  
Pre-Patellar Bursitis  
Pressure Relieving Cushions  
Pressure Sores Associated with Seating  
Pressure Ulcers  
Prostate Cancer  
Pseudogout  
Rosacea  
Rotator Cuff Injuries  
Rotator Cuff Tendinitis/Tear  
Shoulder Arthritis and Replacement  
Shoulder Instability / Dislocation  
Spinal Stenosis  
Stroke  
Tennis Elbow  
Testicular Cancer Screening  
Total Knee Replacement  
Transient Ischemic Attack  
Trochanteric Bursitis  
Type 2 Diabetes  
Urinary Incontinence  
Urinary Tract Infection, Female  
Urinary Tract Infection, Male  
Varicose Veins  
Wrist Arthritis and Replacement  
Wrist Fracture

# PATIENT EDUCATION VIDEO LIBRARY



## ***Urology***

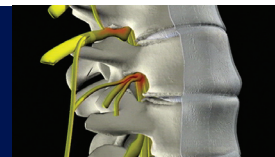
Kidney Care for People with Diabetes  
Prostate Cancer  
Pyelonephritis  
Testicular Cancer Screening  
Urethritis  
Urinary Incontinence  
Urinary Tract Infection, Female  
Urinary Tract Infection, Male

## ***Vascular***

Abdominal Aortic Aneurysm  
Atherosclerosis  
Atrial Fibrillation  
Carotid Artery Disease  
Claudication  
Peripheral Arterial Disease  
Raynaud's Phenomenon  
Renal Artery Stenosis  
Stroke  
Varicose Veins

## ***Women's Health***

Breast Biopsy  
Breast Cancer Screening  
Cervical Cancer Screening  
Cholesterol Screening  
Depression  
Dysfunctional Uterine Bleeding  
Dysmenorrhea  
Endometriosis  
Hypertension  
Hysterectomy  
Hysterectomy Options: LSH  
Irritable Bowel Syndrome  
Lactose Intolerance Adult  
Mammogram  
Menopause  
Obesity  
Ovarian Cysts  
Pap Smear  
Pelvic Inflammatory Disease  
Premenstrual Syndrome  
Primary Insomnia  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Tension Type Headache  
Tubal Ligation  
Urethritis  
Urinary Incontinence  
Urinary Tract Infection, Female  
Varicose Veins



## **Spanish Specialties**

### **Cardiology**

Abdominal Aortic Aneurysm  
Atherosclerosis  
Atrial Fibrillation  
Cardiac Arrhythmias  
Cardiac Catheterization  
Cardiac Rehabilitation  
Cardiac Stress Tests  
Carotid Artery Disease  
Cholesterol Screening  
Chronic Hypertension During Pregnancy  
Claudication  
Coronary Artery Bypass Surgery  
Coronary Artery Disease: Risk Factors and Prevention  
Coronary Artery Disease: Treatment  
Heart Attacks  
Heart Failure  
Heart Murmurs  
High Blood Pressure in Pregnancy  
How Your Heart Works  
Hypertension  
ICDs: Implantable Cardioverter Defibrillators  
Mitral Valve Prolapse  
Obstructive Sleep Apnea (OSA)  
Pacemakers  
Peripheral Arterial Disease  
Pregnancy Induced Hypertension  
Renal Artery Stenosis  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Stroke

### **Dermatology**

Pressure Relieving Cushions  
Pressure Sores Associated with Seating

### **Emergency**

Abdominal Aortic Aneurysm  
Asthma  
Atrial Fibrillation  
Bone Fractures and Sprains  
Cardiac Arrhythmias  
Crutch Training  
Depression  
Depression Screening  
Diabetic Ketoacidosis  
Fever in Children Older Than 3 Months  
H1N1 Influenza (Swine Flu)  
Heart Attacks  
Heart Failure  
Hypoglycemia in Diabetes  
Lacerations and Wound Care

Low Back Pain  
Metered-Dose Inhaler  
Obsessive Compulsive Disorder  
Otitis Media  
Panic Attacks  
Social Anxiety  
Spinal Tap Procedure  
Stroke

Urinary Tract Infection

### **Endocrinology**

Blood Sugar Testing  
Diabetes in Pregnancy  
Diabetes Related Eye Disease  
Diabetic Ketoacidosis  
Foot Care for People with Diabetes  
Gestational Diabetes in Pregnancy  
Hypoglycemia in Diabetes  
Hypothyroidism  
Insulin and Diabetes  
Kidney Care for People with Diabetes  
Meal Planning for People with Diabetes  
Menopause  
Obesity  
Pre-Diabetes  
Pre-Existing Diabetes in Pregnancy  
Type 1 Diabetes in Adults  
Type 1 Diabetes in Children and Teens  
Type 2 Diabetes

### **Gastroenterology**

Cholecystectomy  
Colon Cancer Screening  
Colonoscopy  
Diarrhea in Children  
EGD: Upper Endoscopy  
Flexible Sigmoidoscopy  
Irritable Bowel Syndrome  
Meal Planning for People with Diabetes  
Nausea and Vomiting in Children  
Obesity  
Prostate Cancer

### **General Surgery**

Anesthesia  
Appendectomy  
Cholecystectomy  
Hernia Repair  
Myringotomy with Tubes  
Tubal Ligation

### **Health Promotion & Disease Management**

Breast Cancer Screening  
Cervical Cancer Screening

Child's First Eye Exam  
Child's Vision Performance  
Cholesterol Screening  
Colon Cancer Screening  
Coronary Artery Disease: Risk Factors and Prevention  
Depression Screening  
Diabetes Related Eye Disease  
Foot Care for People with Diabetes  
Guide to Physical Activity  
H1N1 Influenza (Swine Flu)  
Hand Washing and Cleansing  
Healthy Eating and Snacking  
How Your Heart Works  
Influenza Vaccination  
Keeping Your Back Healthy  
Mammogram  
Managing Stress  
Managing Your Weight  
Obesity  
Pregnancy After 35  
Relaxation Exercises  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)  
Smoking Cessation, Stages of Change  
Testicular Cancer Screening  
Type 2 Diabetes  
Types of Eye Care Professionals  
Vital Signs: Know Your Numbers

### **Mental Health**

Bipolar Disorder  
Depression  
Depression Screening  
Obsessive Compulsive Disorder  
Panic Attacks  
Relaxation Exercises  
Relaxation: Ocean  
Relaxation: Streams  
Relaxation: Waterfalls  
Social Anxiety

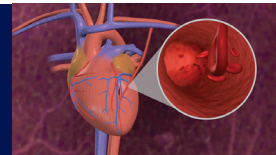
### **Nephrology**

Kidney Care for People with Diabetes  
Renal Artery Stenosis

### **Neurology**

Carpal Tunnel Syndrome  
Continuous Positive Airway Pressure (CPAP)  
Delayed Sleep Phase Syndrome  
Narcolepsy  
Obstructive Sleep Apnea (OSA)  
Parasomnias





Periodic Limb Movements of Sleep  
Primary Insomnia  
Relaxation Exercises  
Restless Legs Syndrome (RLS)  
Sleep Apnea in Children  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)

Spinal Tap Procedure  
Stroke

## **Oncology**

Breast Biopsy  
Breast Cancer Screening  
Cervical Cancer Screening  
Colon Cancer Screening  
Colonoscopy  
Flexible Sigmoidoscopy  
Mammogram  
Pap Smear  
Prostate Cancer  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Testicular Cancer Screening

## **Ophthalmology**

Am I a Candidate for LASIK?  
Amblyopia  
Child's First Eye Exam  
Child's Vision Performance  
Computer Vision Syndrome  
Diabetes Related Eye Disease  
Dry Eye Syndrome  
Types of Eye Care Professionals

## **Orthopedics**

Carpal Tunnel Syndrome  
CMC Arthritis  
Computed Tomography (CT or CAT Scan)  
Crutch Training  
Elbow Arthritis and Replacement  
Hip Arthritis and Replacement  
Knee Arthritis and Mobile Knee Replacement  
Low Back Pain  
MCP Arthritis and Replacement  
PIP / DIP Arthritis  
Shoulder Arthritis and Replacement  
Total Knee Replacement  
Wrist Arthritis and Replacement

## **Otolaryngology**

Metered-Dose Inhaler  
Obstructive Sleep Apnea (OSA)  
Otitis Media  
Sleep Apnea in Children

## **Patient Safety**

Hand Washing and Cleansing

## **Pediatrics**

Amblyopia  
Asthma  
Asthma in Children  
Bottle Feeding  
Breastfeeding  
Child's First Eye Exam  
Child's Vision Performance  
Colds and the Flu in Children  
Diarrhea in Children  
Fever in Children Older Than 3 Months  
Heart Murmurs  
Nausea and Vomiting in Children  
Otitis Media  
Safety: Car Seats for Infants and Toddlers  
Safety: Car Seats for School-Age Children  
Sleep Apnea in Children  
Type 1 Diabetes in Children and Teens

## **Prenatal Care**

Chronic Hypertension During Pregnancy  
Common Changes During Pregnancy  
Diabetes in Pregnancy  
Drugs, Alcohol and Smoking During Pregnancy  
Exercise During Pregnancy  
Folic Acid and Birth Defects  
Gestational Diabetes in Pregnancy  
High Blood Pressure in Pregnancy  
Infections During Pregnancy  
Labor and Delivery  
Myringotomy with Tubes  
Pre-Existing Diabetes in Pregnancy  
Pregnancy After 35  
Pregnancy Induced Hypertension  
Prenatal Testing

## **Pulmonary/Respiratory**

Asthma  
Asthma in Children  
Colds and the Flu in Children  
Continuous Positive Airway Pressure (CPAP)  
COPD  
Delayed Sleep Phase Syndrome  
Influenza Vaccination  
Metered-Dose Inhaler  
Narcolepsy  
Obstructive Sleep Apnea (OSA)  
Parasomnias  
Peak Flow Meter  
Periodic Limb Movements of Sleep  
Pneumococcal Vaccination  
Primary Insomnia

Relaxation Exercises  
Restless Legs Syndrome (RLS)  
Sleep Apnea in Children  
Sleep Hygiene  
Sleep Studies (Your Night in the Sleep Lab)  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change

## **Radiology & Imaging**

Computed Tomography (CT or CAT Scan)  
MRI (Magnetic Resonance Imaging)  
Ultrasound

## **Rheumatology**

CMC Arthritis  
Elbow Arthritis and Replacement  
Hip Arthritis and Replacement  
Knee Arthritis and Mobile Knee Replacement  
MCP Arthritis and Replacement  
PIP / DIP Arthritis  
Rheumatoid Arthritis: The Disease  
Rheumatoid Arthritis: The Treatment  
Shoulder Arthritis and Replacement  
Wrist Arthritis and Replacement

## **Senior Health**

Atherosclerosis  
Blood Sugar Testing  
Cholesterol Screening  
Claudication  
CMC Arthritis  
COPD  
Coronary Artery Bypass Surgery  
Coronary Artery Disease: Risk Factors and Prevention  
Coronary Artery Disease: Treatment  
Depression  
Depression Screening  
Diabetes Related Eye Disease  
Dry Eye Syndrome  
EGD: Upper Endoscopy  
Elbow Arthritis and Replacement  
Flexible Sigmoidoscopy  
Foot Care for People with Diabetes  
Hip Arthritis and Replacement  
Hypertension  
Hypoglycemia in Diabetes  
Hypothyroidism  
Influenza Vaccination  
Insulin and Diabetes  
Irritable Bowel Syndrome  
Kidney Care for People with Diabetes  
Knee Arthritis and Mobile Knee Replacement  
Low Back Pain  
Mammogram

# PATIENT EDUCATION VIDEO LIBRARY



MCP Arthritis and Replacement  
Meal Planning for People with Diabetes  
Peripheral Arterial Disease  
PIP / DIP Arthritis  
Pneumococcal Vaccination  
Pressure Relieving Cushions  
Pressure Sores Associated with Seating  
Prostate Cancer  
Shoulder Arthritis and Replacement  
Stroke  
Testicular Cancer Screening  
Total Knee Replacement  
Type 2 Diabetes  
Urinary Tract Infection  
Varicose Veins  
Wrist Arthritis and Replacement

## Urology

Kidney Care for People with Diabetes  
Prostate Cancer  
Testicular Cancer Screening  
Urinary Tract Infection

## Vascular

Abdominal Aortic Aneurysm  
Atherosclerosis  
Atrial Fibrillation  
Carotid Artery Disease  
Claudication  
Peripheral Arterial Disease  
Raynaud's Phenomenon  
Renal Artery Stenosis  
Stroke  
Varicose Veins

## Women's Health

Breast Biopsy  
Breast Cancer Screening  
Cervical Cancer Screening  
Cholesterol Screening  
Depression  
Hypertension  
Hysterectomy  
Hysterectomy Options: LSH  
Mammogram  
Menopause  
Obesity  
Ovarian Cysts  
Pap Smear  
Primary Insomnia  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change  
Tubal Ligation  
Urinary Tract Infection  
Varicose Veins

## Foreign Language

### Arabic

Atherosclerosis  
Back Health: Lifting  
Cholesterol Screening  
Gestational Diabetes in Pregnancy  
Hypertension  
Obesity  
Pre-Diabetes  
Relaxation Exercises  
Smoking Cessation, Relapse Prevention  
Smoking Cessation, Stages of Change

### Cantonese

Atherosclerosis  
Back Health: Lifting  
Colon Cancer Screening  
Hypertension  
Prostate Cancer

### Japanese

Atherosclerosis  
Back Health: Lifting  
Colon Cancer Screening  
H1N1 Influenza  
Hypertension  
Prostate Cancer  
Stroke  
Type 2 Diabetes

### Mandarin

Atherosclerosis  
Back Health: Lifting  
Colon Cancer Screening  
Hypertension  
Prostate Cancer

### Polish

Breast Biopsy  
Carpal Tunnel Syndrome  
Cholesterol Screening  
Colonoscopy  
Depression  
Depression Screening  
Diabetes, Type 2  
Drugs, Alcohol and Smoking During Pregnancy  
Flexible Sigmoidoscopy  
Foot Care for People with Diabetes  
GERD  
Hypertension  
Insulin and Diabetes  
Labor and Delivery  
Low Back Pain  
Lumbar Disk Disease  
Mammogram  
Meal Planning for People with Diabetes  
Menopause  
Metered-Dose Inhaler  
Migraine Headache  
Obesity  
Panic Attacks  
Pap Smear  
Smoking Cessation, Stages of Change

### Russian

Atherosclerosis  
Back Health: Lifting  
Colon Cancer Screening  
Hypertension  
Prostate Cancer

### Vietnamese

Atherosclerosis  
Colon Cancer Screening  
Hypertension  
Prostate Cancer